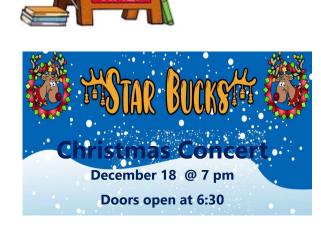
Upcoming Events

- Nov. 28 Hot lunch forms due
- Nov. 29 Taco in a Bag
 - Family Decoration Sent Home
 - Hot Lunch Form on line for Subway
- Nov. 30 School Council Meeting
- Dec. 1 Book Fair
- Dec. 4 Book Fair
- Dec. 5 Hot Lunch Forms due
- Dec. 6 Subway Preordered
- Dec. 8 No School PLC Day - Poinsettia Pick up
- Dec, 14 Family Decoration Due
- Dec. 15 Kindergarten Friday - Free Hot Dog Day
- Dec. 18 Christmas Concert
- Dec. 20 Turkey Dinner
- December 23 January 7
 - Xmas Break



December 1 & 4



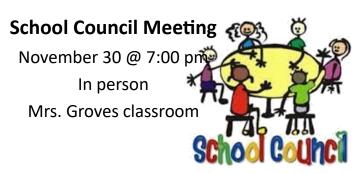


Hot Lunch Menu

Nov. 29 - Taco in a Bag - Preorder

- Dec. 6 Subway Preorder
- Dec. 15 Free Hot Dog Day

Dec. 20 - Free Turkey Dinner



Kindergarten Friday - December 15



Santa Anonymous/Food Bank Student can bring non perishable items to school until December 15. The class with the most items will win a Ice Cream Party for their class. Donation will also be accepted at the Christmas Concert

How to respond to teasing, rudeness and bullying.

Moerry Christma

Teasing, rudeness and bullying are unfortunately situations that happen at school as children develop their social skills. We want all our students to feel safe and comfortable while at school. Here are some helpful tips from Big Life Journal (biglifejournal.com) to support children who may experience these situations.

Establish Boundaries: Teach your child to set boundaries. They can calmly tell the teasing person not to speak to them that way and try to work things out. Teasing can sometimes occur unintentionally and the other person may not mean to hurt their feelings. A firm "I don't like it when you tease me. Friends don't tease" can often be enough to change the situation.

Dealing with Rudeness on Purpose: Rudeness on purpose is when someone intentionally wants to hurt others with their words and it might continue even after being asked to stop. Encourage your child to speak up and tell the person to stop. If the rudeness continues, advise them to seek help from an adult at the school so the situation can be addressed.

Addressing Bullying: Help your child recognize the signs of bullying, which is harmful, purposeful, frequent and systematic. In cases of bullying, teach your child to leave the situation and report it to a trusted adult. They must seek help when dealing with bullying, as it will often not stop unless adults intervene.

Remind your child that teasing and rudeness are never acceptable and it's not about them, but the person being rude.

If you would like more information or support about how to deal with teasing, rudeness or bullying, please contact me at the school or through email <u>kandice.wynia@wrps11.ca</u>

Kandice Wynia RPC, CT Family School Liaision

